Shopping provision for the elderly and vulnerable (E&V): update as at March 25

This table shows when older/ vulnerable people can shop in the main supermarkets, also includes NHS workers and in some instances social care

Concessionary passes can now be used before 9.30am weekdays, to allow you to attend special shopping hours during the coronavirus outbreak. This includes those for pensioners and those who have a disability.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Asda	8-9am NHS		8-9am NHS		8-9am E &V		
Sainsbury's	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	
"	8-9am E&V		8-9am E&V		8-9am E&V		
"	Online slots for those registered as Elderly or Vulnerable						
Tesco	9-10am E&V		9-10am E&V		9-10am E&V		9-10am NHS
Waitrose	7-8am E&V	7-8am E&V	7-8am E&V	7-8am E&V	7-8am E&V	7-8am E&V	
M&S	8-9am E&V	8-9am NHS & Emer		8-9am E&V	8-9am NHS & Emer		
Morrisons	7-8am NHS	7-8am NHS	7-8am NHS	7-8am NHS	7-8am NHS	7-8am NHS	
"	Morrisons Food Boxes are a box of staples for either Meat eaters or Vegetarian	THe cost is £30 plus £5 delivery (£35 in total) available online at	https://www.morrisons.com/food-boxes/boxes	There will be a new telephone order line set up in the next few days, for those that cannot get online	How does it work? If you are not at home to take the delivery, the food boxes are chilled & insulated, so the food will stay fresh until you get back		
"	9-10am E&V	9-10am E&V	9-10am E&V	9-10am E&V	9-10am E&V	9-10am E&V	
Iceland	8-9am E&V	8-9am E&V	8-9am E&V	8-9am E&V	8-9am E&V	8-9am E&V	