

Get in touch



If you want to find out more about
On Track you can get in touch
through the form on our website
www.ontracknorfolk.org

Or

Email us

contact@ontracknorfolk.org

Telephone us

 **01603 723845**

 **07770 610215**



Clearing barriers to work
for young people in Norfolk

Clearing barriers to employment
for young people in Norfolk



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**NATIONAL
LOTTERY FUNDED**



European Union
European
Social Fund

On Track has received funding from the Big Lottery Fund and the European Social Fund as part of the 2014-2020 European Structural and Investment Funds Growth Programme in England.

On Track – A partnership led by the Matthew Project with ACE, GYROS, NANSAs, Prince's Trust and YMCA Norfolk.



matthewproject.org



ace-project.org.uk



gyros.org.uk



nansa.org.uk



princes-trust.org.uk



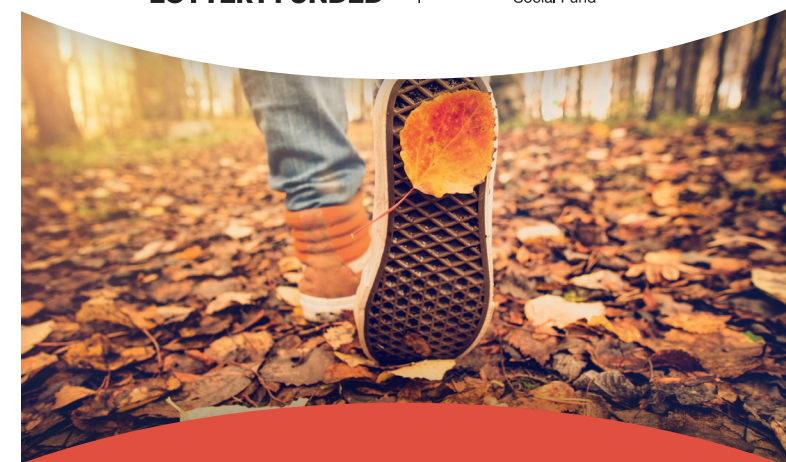
ymcanorfolk.org



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ON TRACK
could help you

Are you

16-24 years old

Unemployed and not
in education or training

Having trouble finding work

Don't know where to start...?



Clearing barriers to work
for young people in Norfolk



Coaching



GO Programme



Move On



Participation

How can On Track help me?

On Track is a new service to help young people get into work, education or training.

On Track is different because it is tailored to meet your needs.

Our friendly coaches and mentors will support you all the way. They will give you the advice and help you need to make the most of the things you are good at.

And it's completely free.

Who can join On Track?

To take part in On Track you must:

- Be aged between 16-24
- Not be in paid work
- Not be in education
- Be living in Norfolk
- Have the right to work in the UK
- Be having trouble getting into work, education or training



What does On Track do?

On Track offers lots of support to meet different people's needs:



Confidential, friendly support from coaches who understand your challenges and can help you to set and reach goals.



GO Programme workshops and courses to develop your skills and confidence.

The chance to try out different types of work in construction, motor vehicles, catering and hospitality and care and childcare.



Help to find the jobs and training that are right for you.



Mentors to give you more help and support when you need it at work or college, once you've reached your goal.

A chance for you to get involved in the project.