

100  
DAY  
CHALLENGE



The  
**Shoebox**  
COMMUNITY HUB



# COOKING

COURSE FROM BAKING FOR WELLBEING

Join us for a free, supportive, practical  
and fun cooking course!



LEARN NEW SKILLS YOU CAN SHARE  
WITH YOUR COMMUNITY!

All the skills you need to cook  
affordable food for friends & family,  
host a community picnic & much more!

## Workshop dates

4 cooking sessions  
1 information session

Open to residents who live  
under Norwich City Council.

- 23rd Apr 11.30am to 3pm
- 30th Apr 11.30am to 3pm
- 7th May 11.30am to 3pm
- 14th May 11.30am to 3pm
- 21st May 11.30am to 1.30pm



UK Government



Norfolk County Council



NORWICH  
City Council

Contact The Shoebox to book now!

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