



## Litter picking: things to think about.

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### **Before we go further, we'd like to say a massive thank you!**

Thanks for getting involved, litter impacts on everyone, including wildlife. Giving your time to help makes a real difference!

### **What to think about?**

Think about what your risks might be and what steps might reduce it e.g. using appropriate equipment or avoiding bad weather. Avoid any potential hazards, do not touch asbestos or needles. If in doubt leave it and report it! Be aware of infections, tetanus and dangers of rusty metal, and keep cuts covered.

### **Personal protective equipment & clothing**

Use litter pickers and gloves, wear long sleeves and sturdy shoes / boots (not open toe shoes). If you haven't discovered it already, we have a range of litter pickers, high visibility jackets, bag loops etc. available to borrow on LUMi: [www.lumi.org.uk](http://www.lumi.org.uk)

### **Be aware of your environment**

Be mindful of what's around you, including, thorns / nettles, those sneaky trip hazards, broken glass and the dreaded dog's poo. Avoid lifting anything heavy, and it's a good idea to carry a mobile phone, just in case.

## Sharps

Don't touch any needles, instead take a note of the location and report to the City Council, we will clear it within the hour. To report online visit: [www.norwich.gov.uk](http://www.norwich.gov.uk), Look up **Sharps** in the search box to find our online forms. Or call: 0344 980 3333. If it's after 4pm on Monday to Friday, over the weekend, or a bank holiday / public holiday, please call 01603 412180. The same goes for sleeping equipment, leave it alone and report it.

## Disposing of your rubbish

If you are collecting litter on City Council land, and there will be too much for you to dispose of, talk to us in advance for help. We do need 2 weeks' notice to schedule collections in with contractors, agree collection points etc. Please don't leave by bins, as collectors won't have capacity to pick up unscheduled loads. Please email: [community@norwich.gov.uk](mailto:community@norwich.gov.uk) to discuss.

## Finally and most importantly

Don't forget. Take a photo and tell the world how awesome you are. Then grab a cuppa and take a well-earned rest!

*#GetInvolvedNorwich #LitterHeroes*